



Home Learning Project: Sport

Week 9

Age Range: Year 1/2

Weekly Reading Tasks

Monday- Provide your child with a bag and ask them to collect items to go in it that relate to a well known story. If they can't find an item, they could draw a picture instead. Ask them to use the objects in the story bag to retell the familiar story.

Tuesday- Talk to your child about a hero from a book they have read recently, for example the Prince from Rapunzel or Mulan. Ask them to draw the hero or heroes from a story and list adjectives to describe their appearance and personality.

Wednesday- Your child can listen to the Cbeebies story 'Martin the Mouse' ([click here](#)). Ask your child to record the main events from this sporty story. They can draw the events, write sentences or even retell the story orally in their own words.

Thursday- Ask your child to choose and read a healthy recipe from a recipe book. If you have the ingredients, why not follow the recipe together?

Friday- Watch and listen to '[The Little Princess: I Want to Win](#)' based on the Tony Ross book. Talk to your child after this about how the Little Princess felt each time she won a game. Can they think of a time they felt like the Little Princess?

Weekly Spelling Tasks

Monday- The word 'sport' contains the sound 'or'. Ask your child to list as many words as they can containing the 'or' sound. Your child might identify words that contain an alternative spelling for 'or' such as **oor/ore/aw/au**.

Tuesday- Play the [Solve, Shoot, Score spelling game](#) on the Premier League Primary Stars. Encourage your child to write down the words spelt and add sound buttons.

Wednesday- Ask your child to list words to describe athletes or their sporting hero. For example, *strong, winner, speedy*. Can they use these words to write descriptive sentences about athletes?

Thursday- Your child could visit Phonics Play and play this [Sentence Substitution game](#).

Friday- Ask your child to add the 'ing' suffix to these verbs: jump, skip, hike, throw, catch, kick, smile, run & shout e.g. jump + ing = jumping. Which root words need the 'e' removing first?

Weekly Writing Tasks

Monday- Has your child got a favourite sportsperson? This could be their P.E. teacher or coach! Ask them to write an information booklet about this person.

Tuesday- Ask your child to think of questions they'd love to ask their favourite athlete. They could write a list of questions using a range of questions words such as 'when', 'why', 'who', 'what', 'where' and 'how'. Your child could then answer their own questions in the role as their hero.

Weekly Maths Tasks

YEAR 2 ONLY – [TTRockStars](#). Your child can access this programme with their school login.

Monday- Play a board game together so that your child can practise their counting and the language of position and direction. Maybe [Snakes and Ladders?](#)

Tuesday- Place an object on the ground and use positional language such as **forward, backwards, up, down, left and right** to direct them to the object. You could switch roles and get your child to give the directions. If you

Wednesday- Visit the Literacy Shed for this wonderful resource on [The Catch](#) or your child could write their own sporting story featuring their hero.

Thursday- Can your child design a poster all about teamwork? This could be linked to your family and how you all have to work together as a team.

Friday- Ask your child to design a gold medal and present it to somebody deserving within the household. Why have they chosen this person? Ask them to write a few sentences and include the word 'and', 'because' and 'if'.

wanted to make it harder, you could use a blindfold but be extra careful!

Wednesday (theme)- Play 'Catch' with your child using a ball or anything else that can be thrown safely. Instead of counting in 1s each time the ball is caught, ask your child to only count every **second, fifth or tenth** catch.

Thursday- Encourage your child to play this [NRICH activity](#) to develop their understanding of positional language.

Friday (theme)- Each member of the family could have a go at the Long Jump. Ask your child to measure the length of each jump using a measuring tape and record the lengths. Who jumped the furthest? Who had the shortest jump? What was the difference between the shortest and longest jump?

Learning project

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- **Let us pray-** TenTen Resources offer [Daily Prayer Opportunities](#) and [Sunday Liturgy Resources](#) for families to use at home.
- **Obstacle Course Fun-** Task your child with designing and making their very own obstacle course in the garden. Ask them to draw and label their design first and include all of the equipment they need. They can then use their design to create their obstacle course. Ask the family to complete the obstacle course whilst your child times them. Your child could even make medals from tin-foil or any other suitable material and present them to the winner during a winner's ceremony.
- **Make a Family Mascot-** Your child could make their very own family mascot using materials from around the house. First of all, visit the Olympic Mascot Official list [here](#) and look at past mascots. What makes a good mascot? What qualities does the mascot represent?
- **Remarkable Routines-** Can your child create their very own simple routine, just like a gymnast, dancer or synchronised swimmer? Start by watching a video of a routine together, here are some suggestions: men's rhythmic gymnastic routine, synchronised swimming routine. After this, your child can choose a piece of music to practise their routine to. When they are confident, why not film your child's sequence. Watch the performance together- what does your child think went well? What could be even better?
- **Terrific Team Kits-** Ask your child to design their very own team kit. They should consider the flag of the country that they would represent and how to incorporate these colours into the design. They could draw the design with a pencil or use a computer program to do this.
- **Can you Invent a New Olympic Game?-** Challenge your child to invent their very own game for the 2021 Olympics. Look at a list of all of the sports that already compete in the summer Olympics [here](#).

Can they write a set of instructions for the new game or draw illustrations. Why not test the game out as a family?

Brilliant Bodies

- What can your body do? Balance on one leg? Touch your nose with your tongue? Look at [the body challenge cards](#) and see how many you can do. Ask your family to join in and make your own body challenge cards.
- The complete resource can be downloaded [here](#).

- The NHS Change 4 Life website has some great games and activities, specifically ones for staying indoors. Have a look [here](#).
- For lots more clips, activities and ideas to get active visit the sport's section on the [Cbeebies website](#).