



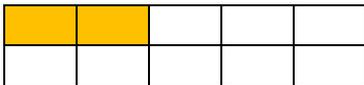
Home Learning Project: Food

Week 6

Age Range: Reception

Weekly Maths Tasks

- Watch a Number time video at BBC schools.
- Play on [Hit the Button](#) - focus on addition within 10 and number bonds to 10.
- Practise counting to 100 [YouTube](#) clip
- Write out the digits 0 – 9, 20, 30.
- Draw your 'Ten Frame' and practise number bonds; make up your own addition and subtraction sums.



2+8 =10, 10-2=8, 10-8=2 etc.

- Maths activities on [www.ictgames.com](#) – try Save the Whale, [Funky Mummy](#).
- Use [Paint the Squares](#). Practise counting in 2's, 5's, 10's using this resource. Record your numbers in a list to help you learn them.
- Ordering numbers play [coconut ordering](#) Top mark website.
- Explore weighing and measuring food on the kitchen scales.
- Look for numerals on packaging you find around the house. Can your child read the numerals and count out a matching amount?
- Estimate heavy and light objects, can they find objects that balance? Check on the scales. What will weigh the same as a can of beans/ my shoe/ scissors/ apple etc.? Order the objects by weight.
- Measurement- Heavier and Lighter game LCF Clubs.

Weekly Reading Tasks

- Carry on reading books of all kinds to and with your child: picture, pop up, information, poetry, eBooks and schoolbooks. Video or record your child reading them for fun! Visit [Oxford Owl](#), for free eBooks. You can create a free account. Complete the linked Play activities for each book.
- Listen to your child read and let them discuss what they have read. Encourage them to read with expression and intonation.
- With your child, look in magazines, newspapers and books for the tricky words they are currently learning. They could use a highlighter to highlight in magazines and newspapers. (Phases 2, 3, 4, 5 tricky words)
- Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to decode the ingredients list.
- Select a recipe and make this together. Encourage your child to read the labels on packaging to identify each ingredient.

Weekly Phonics Tasks

- Daily phonics - Practice the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate.
- [Phonics play](#) website for games phases 2 to 6.
- Use [KS1 English BBC Bitesize](#) to practise phases 2 and 3 phonics.
- [Little Bird Spelling](#) Game.
- Play [full circle](#). [Viking Full Circle](#). Start with a given word and change 1 sound at a time until you are back to the first word.

Weekly Writing Tasks

- Practise name writing. Can they write their first name? Middle name? Surname?
- Practise writing the alphabet using the correct letter formation and sitting letters on the line. Remember tall letters and short letters.
- Write out and practise your tricky words. Can you make a pairs game with them.
- Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients, label them, and draw the finished meal.
- Write instructions on how to make the meal.

- Play [Forest phonics](#) to practise writing words using phase 2,3,4 phonics
- Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter, digraph, trigraph or tricky word and ask them to 'write it' in the food using their finger.



- Look at a range of different packages found around the kitchen. Discuss with your child what makes it stand out to a customer.
- Support them to design a package for a treat of their choice.

Learning project

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

Let's Pray –

Paper Chain Prayers

- You will need strips of coloured paper and glue or a stapler (you can buy pre-gummed paper strips).
- Get the children to write their prayers on a strip of paper. Try to focus on a specific type of prayer (thanks, praise etc.) or give them something specific to pray for.
- Join the prayers together to make a chain and place them about the prayer area.
- You could build up a chain over a period of time by adding to it gradually.
- Each child could have their own prayer chain which they add to over time.
- You could have different coloured strips to symbolise different types of prayer
- This idea gives children a tangible way to help them understand how our prayers can be joined together as an offering to God.
- With older children you can talk about the work of Blessed John Henry Newman who spoke about us all being links in a chain.



Home Liturgy - Dan and Emily from One Life music have recorded a [weekly liturgy](#) for families to share at home. Find some time in the day to pray together during this difficult time. It is such a wonderful way to bring us together as a community of prayer.

Healthy/ Unhealthy - Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you. Look at the [Eatwell plate](#) to help figure out which foods they should eat a lot of or not very much of. Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. Draw and label each item. Discuss how exercise is an important part of staying healthy. Watch and complete a 10-minute [shake up](#).

Play shops - Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. Use real coins to practise their money skills. Give them a notepad to use as a shopping list to encourage writing.

Get creative - Potato/ Vegetable Printing: Using a selection of vegetables available in your kitchen, support your child to print. Encourage repetitive patterns of 3/4 elements. Talk about halves and quarters. Look at the inside of the fruit and vegetables. Where can seeds be found? Create their favourite Papier-mâché fruit and vegetables.

Make cornflour gloop - Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop.