

# Life To The Full Progression of Skills

Primary – EYFS: Nursery/Reception

**Ten:Ten**  
Resources



Module 1		Notes
<b>Religious Understanding</b>	Children can express that: <ul style="list-style-type: none"><li>• We are created individually by God as part of His creation plan</li><li>• We are all God's children and are special</li><li>• Our bodies were created by God and are good</li><li>• We can give thanks to God</li></ul>	
<b>Me, My Body, My Health</b>	Children can express that: <ul style="list-style-type: none"><li>• We are each unique, with individual gifts, talents and skills</li><li>• Whilst we all have similarities because we are made in God's image, difference is part of God's plan</li><li>• That their bodies are good and made by God</li><li>• The names of the parts of the body (not genitalia)</li><li>• That our bodies are good and we need to look after them</li><li>• What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene</li></ul>	
<b>Emotional Well-being</b>	Children can express that: <ul style="list-style-type: none"><li>• That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc)</li><li>• That it is natural for us to relate to and trust one another</li><li>• A language to describe their feelings</li><li>• An understanding that everyone experiences feelings, both good and bad</li><li>• Simple strategies for managing feelings</li><li>• Simple strategies for managing emotions and behaviour</li><li>• That we have choices and these choices can impact how we feel and respond.</li><li>• We can say sorry and forgive like Jesus</li></ul>	
<b>Life Cycles</b>	Children can express that: <ul style="list-style-type: none"><li>• That there are natural life stages from birth to death, and what these are - typically naming baby, child, adult</li></ul>	

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Module 2		Notes
<b>Religious Understanding</b>	Children can express that: <ul style="list-style-type: none"><li>• We are part of God's family</li><li>• Jesus cared for others and wanted them to live good lives like Him</li><li>• We should love other people in the same way God loves us</li></ul>	
<b>Personal Relationships</b>	Children are able to describe: <ul style="list-style-type: none"><li>• Special people (e.g. parents, carers, friends) and what makes them special</li><li>• The importance of the nuclear family and of the wider family</li><li>• The importance of being close to and trusting of 'special people' and telling them is something is troubling them</li><li>• How their behaviour affects other people and that there is appropriate and inappropriate behaviour</li><li>• The characteristics of positive and negative relationships</li><li>• Different types of teasing and that all bullying is wrong and unacceptable</li><li>• When they have been unkind to others and say sorry</li><li>• That when we are unkind, we hurt God and should say sorry</li><li>• When people are being unkind to them and others and how to respond</li><li>• That we should forgive like Jesus forgives.</li></ul>	
<b>Keeping Safe</b>	Children can explain: <ul style="list-style-type: none"><li>• About safe and unsafe situations indoors and outdoors, including online</li><li>• That they can ask for help from their special people</li><li>• That they are entitled to bodily privacy</li><li>• That they can and should be open with 'special people' they trust if anything troubles them</li><li>• That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest</li><li>• That medicines should only be taken when a parent or doctor gives them to us</li><li>• That medicines are not sweets</li><li>• That we should always try to look after our bodies because God created them and gifted them to us</li><li>• That there are lots of jobs designed to help us</li><li>• That paramedics help us in a medical emergency</li><li>• That First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance</li></ul>	

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Module 3		Notes
<b>Religious Understanding</b>	Children can express: <ul style="list-style-type: none"><li>• That God is love: Father, Son and Holy Spirit</li><li>• That being made in His image means being called to be loved and to love others</li><li>• What a community is, and that God calls us to live in community with one another</li><li>• Some Scripture illustrating the importance of living in a community</li><li>• That no matter how small our offerings, they are valuable to God and He can use them for His glory</li></ul>	
<b>Living in the Wider World</b>	Children can express: <ul style="list-style-type: none"><li>• That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community</li><li>• That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc.</li><li>• That we have a duty of care for others and for the world we live in (charity work, recycling, etc.)</li><li>• About what harms and what improves the world in which they live</li></ul>	