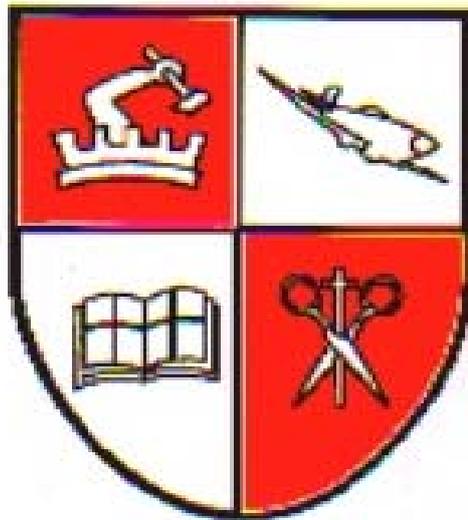


ST. GERARD'S CATHOLIC PRIMARY SCHOOL



Personal, Social & Health Education (PSHE) POLICY

Our Mission Statement

'With Christ at our side and St Gerard as our guide, we strive for perfection.'

St Gerard's school motto, reinforces our Mission Statement in a child friendly way.

'We live, love and learn together with Jesus.'

Reviewed: February 2016
Next review: February 2019



St Gerard's Catholic Primary School

Personal, Social & Health Education Policy

Aims

At St. Gerard's School we believe that PSHE and Citizenship should enable our children to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community, including the Parish of St. Gerard's. We teach children about their rights and responsibilities through their involvement and participation in St. Gerard's School Council. They learn to appreciate what it means to be a positive member of a diverse and multicultural society.

Objectives

The objectives of PSHE and Citizenship enable our children to:

- Know that they are unique and made in the image of God
- know and understand a healthy lifestyle
- be aware of safety issues
- use computers and modern technology safely in accordance with our e-safety policy
- understand what makes for good relationships with others
- have respect for others
- be independent and responsible members of a community
- be positive and active members of a democratic society
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- develop good relationships with other members of the community
- develop qualities they need to thrive as individuals, family members and members of a community
- develop skills they will need for their future life

Teaching and Learning Style

We use a range of teaching and learning styles to meet the PSHE and Citizenship requirements of the National Curriculum. Effective lessons will involve a high level of interaction where each pupil has planned opportunities for learning through:

- 'Circle time' sessions where we encourage active learning by including the children in discussions, investigations and problem-solving activities.
- Collaborative work
- Opportunities for reflection
- Negotiation
- TASC (Thinking Actively in a Social Context) approach to planning the Curriculum, the children are given the opportunity to lead their own learning through their involvement in the planning process.
- Participation in a range of tasks that promote active citizenship, for example Lenten Charity fundraising in which children help to organise activities to raise money for those less fortunate than themselves.
- Involvement in class assemblies. Each class presents an assembly each year in which all children participate and parents are invited.
- Participation in Class masses which are held termly and every class is also responsible for leading mass in Church.
- Class discussion. We organise classes in such a way that pupils are able, through class discussion at the beginning of each year to set agreed classroom rules of behaviour.
- Visiting Speakers. We offer children the opportunity to hear visiting speakers such as Father Hudson's Society, Police Community Support Officers (PCSO) and Castle Vale wardens, our priest and volunteers from our local area and businesses whom we invite into the school to talk about their role in creating a positive and supportive local community.

PSHE and Citizenship curriculum planning

We teach PSHE and Citizenship in a variety of ways. We follow the guidelines set out by the PSHE Association and the new National Curriculum. Our PSHE approach is based on three core themes;

1. Health and Well Being
2. Relationships
3. Living in the Wider World

We plan PSHE as part of our health promoting school culture. It is not planned solely as isolated lessons but as part of our whole curriculum where links can be made to different subjects.

For example, local environmental issues are addressed through the Geography topics covered and children are given the opportunity to be actively involved in environmental issues by becoming a member of our after school 'Eco Club'. Our Year 3 class participate in Forest Schools on a weekly basis in conjunction with staff from the Castle Vale Community Housing Association (CVCHA). The philosophy of Forest Schools is to encourage and inspire individuals through positive outdoor experiences.

A whole school focus to cover many aspects of the PSHE curriculum takes place during a two week Health Education programme. We address a wide range of issues suitable for specific age groups e.g. 'Meet the Brain' and Drug Awareness in the 'The Life Education Bus', Healthy eating by Fit Food Chefs, and Relationship Education by the Ten Ten Theatre Group. All parents are invited to attend sessions for Life Education and for Ten Ten Theatre to ensure they are satisfied with the content of the resources that will be delivered to their children. Workshops take place during these weeks that parents are encouraged to attend; These are for the benefit of their children and to encourage good practice that can be continued at home.

Parent workshops take place throughout the year for each class focusing on an area of the curriculum. Each workshop includes an e-safety presentation to ensure parental awareness of both the positive and negative effects of modern technology. A question and answer session is included so any queries or issues can be addressed.

We acknowledge the huge overlap between our Religious Education Diocesan scheme and the aims of PSHE and citizenship. As a result, we deliver a considerable amount of our PSHE and citizenship curriculum through our Religious Education lessons. This is further reinforced by using TenTen resources to plan and support KS1 and KS2 assemblies. To further raise awareness of the importance of PSHE and the links to RE whole school retreat days are organised where all children and staff participate in activities led by different providers.

We also develop PSHE and Citizenship through various activities and whole school events. Our School council meets monthly. Two elected representatives from each class discuss matters that their peers feel are relevant to the children at St. Gerard's. These children take responsibility for introducing new initiatives to the whole school either during assembly or classroom visits.

We offer a residential visit for Years 5 and 6 where there is a particular focus on developing pupil's self-esteem, and giving opportunities for positive group work and team building skills. Over the year the children are given the opportunity to attend a wide range of sport based after school clubs such as Multi-skills, Football, Dance, Gymnastics, Rounders and Athletics. We work closely with our local Secondary school where children are invited to attend sporting events against local primary schools and also through the Catholic Partnership. All children across the school take part in Aston Villa Football Club training sessions. These sessions are run by a coach from the football club.

Health Education lessons including sex relationships, and drugs education take place in years 5 and 6 (see SRE, Drugs use and Misuse Policies).

The Foundation Stage

We teach PSHE and Citizenship in our Nursery and Reception Class as an integral part of the daily routine. We relate the PSHE and citizenship aspects of the children's work to the Statutory Framework for the Early Years Foundation Stage and Development Matters in the Early Years Foundation Stage (EYFS). We also support citizenship education in our Nursery and Reception class when we plan delivery of 'Understanding the World' and 'Personal Social and Emotional Development'.

Children with Special Needs

We teach PSHE to all children regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. Where necessary some children may have specific targets set on IEPs that relate directly to PSHE and citizenship. Class teachers liaise with the Special Needs Co-ordinator termly to re-assess specific targets.

For gifted and talented pupils' teachers will provide additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class or the wider community.

Social Interaction groups are run successfully by teaching assistants. Specific social or sensitive issues are raised and tackled with groups of children identified by class

teachers. Identified children attend after school clubs such as The Pyramid Club where they have the opportunity to take part in a wide range of activities designed to raise self-esteem.

Assessment for learning

Our teachers assess the children's work in PSHE and Citizenship by making informal judgements, as they observe them during lessons and at other times during the school day. Written cross curricular work for PSHE is marked in accordance with the marking policy. Learning Journeys and photographic evidence are kept to enable teachers to make informed judgements about progress. We believe that the progress and achievement of all children should be recognised. Teachers use the PSHE Association Programme of Study for key stage 1 and 2 statements for PSHE and citizenship to help them to report on children's progress in their end of year reports to Parents.

Resources

Resources for PSHE and Citizenship are kept in each class. Each Class has 'Developing Citizenship' resources and SEAL resources are available on line. Additional books are located in the KS1 Practical Room and KS2 Library. The PSHE Co-ordinator will provide additional materials including websites and other sources of information as requested by staff to supplement their planning.

Monitoring and Review

The PSHE and Citizenship Co-ordinator is responsible for monitoring the standards of children's learning. All staff submit 2 pieces of evidence to be collated on a core theme over a year so progress and continuity can be monitored. Cross curricular work is clearly marked so evidence of PSHE can be seen in topic books for monitoring purposes.

Management of the curriculum

The PSHE coordinator will be responsible for;

- Overseeing the subject, monitoring and reviewing the policy
- Managing resources
- Attending, organising or delivering appropriate INSET
- Identifying training needs through the SIP and national/local initiatives